

OUTLOOK

September 2016



Wickhampton Church Open Day

Acle & Bure to Yare Benefice

*Parishes of Reedham, Freethorpe, Wickhampton, Cantley,
Limpenhoe with Southwood & Halvergate with Tunstall
together with Acle & Beighton with Moulton*

From the (Reedham) Rectory

I don't think I can truthfully call myself a sports person. Yes, I love to go to the occasional Norwich match and I find being 'at the match' really good fun. There is something especially enjoyable about sitting with other Norwich City fans and shouting and jumping up and down – but one can hardly call that exercise. Walking is perhaps the most energetic thing I do but, this week, I have been an avid sports watcher.

The Olympics has been a real triumph for Britain which, as I write this, stands second in the medals table. The success of our sportsmen and women has been such a breath of fresh air and encouragement after the difficulties of the referendum and the political turmoil in our country. There has been real team spirit this year among the competitors. Louis Smith, the gymnast, was disappointed when he did not win gold but sincerely congratulated his team mate even so. Mo Farah, after his great win, wanted only to talk about his family and how he had managed to continue on after his fall so that his daughter would be proud of him.

I was interested to learn that we had a Christian Chaplain to the teams in Rio, Jules Wilkinson. In her internet blog she said of a bible study she did with some of our athletes: 'We looked at how amazing it is to be a child of God and how nothing on earth compares to being called that.'

Many of the sportsmen and women competing this year from all over the world are really proud of their Christian faith. Richard Chambers, a member of the Great Britain rowing team said that his faith doesn't always make his life as an athlete easy, but he's resolutely committed to it anyway: "I'm a Christian in the rowing team and that's how I want to be recognised. Being a Christian in Team GB has its difficulties but knowing God is always there supporting and helping me is great."

Usain Bolt, the brilliant runner who has done so much for sport, is first and foremost a Christian. After each victory, he publicly gives thanks to God and when he won the 200m race at London 2012, he said of his Lord and Saviour: 'Nothing would have been possible without Him.'

Another gold medal winner who is not so well known is Leone Nakarawa of the Fijian Rugby team which beat Great Britain in the final at the Deodor Stadium in Rio. This was the first Olympic medal Fiji ever won. Leone is one of the more outspoken Christians in the team who pray and study the Bible together as part of their training and preparations. "We Fijians don't have large facilities like other teams have," he said last year as he prepared for the World Cup; "But we know that being here is not from our strength but from God and it is all God's plan. Even if we lose we know that there is something bigger."

Most Christians are not sportsmen and women, most are like me and couldn't even do well in the Mum's race at school sports days. Even so the Bible, in the Letter to the Hebrews, says: 'let us run with endurance the race that is set before us', and as we go through life it does sometimes feel like a tough race. Christians acknowledge that and realise that, however hard life gets, it is important to keep your eyes on the Lord and carry on.

God Bless and keep you all Lorna

Confirmation

Preparing for confirmation is an opportunity to affirm the Christian faith in which we have been baptised and, for adults and young people, the pathway to being admitted to receive communion. If you are aged 11 or over and would like to join a group preparing to be confirmed, please speak to Revd Martin Greenland or Revd Lorna Allies.

Parish Registers

Baptism

Jacob Wels Durrant Tunstall 24 July

Weddings

Daniel Millward & Hollie Lynch Wickhampton 30 July

Funerals

18th July at St Faith's – Leslie (Les) Taylor of Acle aged 97

5th August at Reedham – Clive (Fred) Cable aged 81

We send our sympathy to the family and friends of Mr Taylor and Mr Cable.

Outlook Copy

We have a bit of a problem with the October edition – we may be rather late printing because of other commitments. It would help very greatly if we could have all copy early – but especially any 'hard copy' (that is, handed in on paper rather than emailed) – if possible before Monday 12th September. Please do not complain to your deliverer if your magazine arrives late – we do our best!

Kati Cowen

Cantley and District W.I.

Our next meeting will be held on Wednesday September 21st at 7.30pm in Cantley Village Hall. Dr. Rachel Rusholme Pilcher will be our speaker for the evening and her subject is Discovering Genes and DNA. New members always very welcome. For more information contact Connie on 01493 700396.

Norfolk – united against abuse

In Norfolk, 2,709 safeguarding adult concerns were raised between April 2015 and March 2016. In England there are over 100,000 cases reported of adults being abused each year. Most often the abuse is carried out by someone known to the person who is being harmed.

In our local parish, we probably know someone who needs help with their money, to pay their bills or for shopping, or support to get around or carry out daily tasks. Often there is a formal or informal arrangement in place with social services, a care home, carer, friend or relative. Sometimes, though, things may go wrong. The person needing support may feel uncomfortable, afraid or hurt in the situation, or find their money or possessions are being taken from them.

Adults can suffer from all sorts of abuse. As well as physical, emotional and sexual abuse, people can experience financial abuse – when people take money or belongings without asking. People can be neglected, when people who are there to help do not look after people properly or neglect themselves to extent that this puts them at risk.

The individual causing the harm may be a stranger, but as the statistics show, more often than not it is someone they know and usually feel safe with, often in a position of trust and power, such as a health or care professional, a family member or relative or neighbour.

But everyone has a right to feel safe, to make their own decisions and to be respected and listened to, and live free from abuse or neglect.

So look out for the signs of abuse. These can include someone who looks dirty, is not dressed properly or has an injury that is difficult to explain. Other signs can include someone who seems frightened around certain people, seems unusually down or withdrawn or who finds money missing

Trust your instinct – if something doesn't feel right, it probably isn't. Even if you're not sure whether these signs mean abuse, you should still report them to Norfolk Social Services. You can report your concern anonymously, but please give us as much information as possible so that we can follow it up.

To speak up and report abuse by phone 0344 800 8020, text 07767 647670 or online at: online.norfolk.gov.uk/socialcareenquiry. In an emergency you should call the police on 999. If you'd like more information visit www.norfolk.gov.uk/speakup

Janet Robertson, Communications Officer, Broadland District Council

Cantley School Association

There will be a quiz organised by Cantley School Association on Friday, September 30th at British Sugar Social Club 6:30 for 7 pm. Teams of 6. To book a place and for more information please contact Cantley Primary School on 01493 700308 after September 5th.

Many thanks,

Barbara Tuck

Royal British Legion (Women's Section)

The next meeting will be on Monday September 19th at 2pm when there will be a speaker from the Salvation Army on 'Toys and Tins'. The competition is an unusual coin.

CHURCH GARDEN FÊTE

SATURDAY SEPTEMBER 17th

AT 2PM

AT THE HOME OF NICKY AND TONY EDELSTEN

NEXT TO FREETHORPE CHURCH

**RAFFLE, STALLS INCLUDING CAKES, GAMES,
REFRESHMENTS.**

Macmillan Coffee Morning

The Rampant Horse in Freethorpe will be joining in Macmillans world's Biggest Coffee morning on Friday 30th Sept as part of our commitment to the community and good causes.

ALL money raised will go to Macmillan nurses. The morning runs 9-12 and will include a brief spell of entertainment "Singalong with Hank".

All are welcome

Paul Crisp

Wickhampton Open Day

Many people know St Andrew's Church, Wickhampton, for its beautiful medieval wall paintings (a corner of which can be seen in the photograph – see cover), while for many others it is the gateway to the Halvergate marshes and the Weaver's Way. But Sunday August 14th was different, as we celebrated the end of Open Churches week with the church's annual open day. From 10 in the morning until 4pm visitors came to enjoy food, fellowship and a variety of stalls. Refreshments included a constant supply of tea, coffee and cakes, plus a ploughman's lunch and a very tasty cream tea. At 2pm Revd Lorna Allies conducted a simple Iona-style service. The organisers, Maureen Hewitt and Brenda Pawsey, together with their team of helpers, were delighted with the success of the event.

Peter Allies

Village Correspondent

If organisations need to advertise any future events within the village news column in the Great Yarmouth Mercury, please could you let me have them well in advance to insure there is enough time for the Mercury to print them. Also, if needed, I am available to attend funeral services in order to take names, or write a eulogy if requested. You can appreciate that although I live in the village I cannot automatically turn up at every funeral to offer this service – I have to be asked. I consider these times to be private and personal and I may have other commitments to uphold.

Diane Rushbrook 01493 700341

SEPTEMBER CALENDAR

Reedham Charity: Royal National Mission to Deep Sea Fishermen	
Friday 2 nd	9.30am First Friday Morning Prayer - Beighton
Saturday 3 rd	2.00pm Cantley Flower Show – Cantley Village Hall
SUNDAY 4 th	15 th after Trinity
	8.00am Holy Communion – Acle
	9.30am Morning Prayer – Beighton
	9.30am Matins - Halvergate
	11.00am Morning Prayer – Acle
	11.00am Holy Communion – Freethorpe
	11.00am Morning Prayer (said) – Reedham
	4.00pm First@4/Messy Church for families - Reedham
Tuesday 6 th	7.30pm Reedham W.I. – Reedham Village Hall
Wednesday 7 th	7.00pm Film Night – Reedham Village Hall
	7.30pm Women’s Night Out – Freethorpe Village Hall
Thursday 8 th	9.30am Church Coffee Morning – Acle Church Hall
Saturday 10 th	8.30am Wickhampton Biblethon begins
	9.00am Farmers’ Market – Acle Church Hall
	10.00am Beighton Church Heritage Day
	Norfolk Churches Ride, Stride and Drive Day.
	8.00pm Music and Dance – Halvergate Village Hall
SUNDAY 11 th	16 th after Trinity
	8.00am Holy Communion – Acle
	9.30am Holy Communion – Wickhampton
	11.00am Holy Communion – Acle
	11.00am Morning Prayer – Freethorpe
	11.00am Morning Prayer – Reedham
	3.00pm Evening Prayer – Limpenhoe
Monday 12 th	2.00pm Holy Communion – Mill Crescent, Acle
Wednesday 14 th	10.30am Coffee Morning – Halvergate Village Hall
Friday 16 th	OUTLOOK COPY DATE
	7.30pm Nice n Easy Dance – Reedham Village Hall
Saturday 17 th	2.00pm Freethorpe Church Garden Fête
SUNDAY 18 th	17 th after Trinity
	9.30am Holy Communion – Halvergate
	9.30am Holy Communion – Beighton
	11.00am Holy Communion - Acle
	11.00am Harvest Festival – Freethorpe

- Monday 19th 11.00am Morning Prayer – Reedham
 2.00pm RBL(W.S) – Reedham Village Hall
 7.00pm Cash Bingo – Reedham Village Hall
- Wednesday 21st 2.30pm St Edmund's *Link Group*
 7.30pm Cantley W.I. – Cantley Village Hall
- SUNDAY 25th 18th after Trinity
 8.00am Holy Communion – Acle
 9.30am Morning Prayer – Halvergate
 9.30am Holy Communion - Limpenhoe
 11.00am Holy Communion – Reedham
 11.00am Morning Prayer – Acle
 11.00am Morning Prayer – Freethorpe
- Tuesday 27th MOBILE LIBRARY DAY
 7.30pm Whist Drive – Reedham Village Hall
- Wednesday 28th 10.30am Coffee Morning – Halvergate Village Hall
- Friday 30th 9.00am MacMillan Coffee Morning – Rampant Horse,
 Freethorpe
 7.00pm Cantley School Quiz – British Sugar Social Club
 7.30pm Prize Bingo – Halvergate Village Hall

Looking forward into October :-

- Saturday 1st 11.00am Jumble Sale – Reedham Village Hall
- SUNDAY 2nd 19th after Trinity
 8.00am Holy Communion – Acle
 9.30am Harvest Festival – Beighton
 9.30am Harvest Festival - Halvergate
 11.00am Harvest Communion – Acle
 11.00am Holy Communion – Freethorpe
 4.00pm Harvest Festival – Reedham
- Tuesday 4th 10.30am Holy Communion – The Limes, Acle
- Thursday 6th 8.00pm Deanery Compline - Freethorpe
- Weekly** - Tuesdays 9.30am – 11.30am Music group in Reedham Village hall
 Tuesdays 2pm – Senior Residents Club, Glover Lounge, Reedham Village hall
 Wednesday 10.30am -12.30 noon - New Age Kurling in Reedham Village hall.
 Thursday 10am – 12 noon – Badminton Club, Reedham Village Hall
 7pm – 9pm – Table Tennis in Reedham Church
 Fridays 9.30am – 11.30 am – Stay and Play Reedham Village Hall
 Saturday 9.00am - 10.00am - Aerobics, Reedham Village Hall
 Sundays 6.30pm Meeting Reedham Gospel Hall

Reedham Community Association

Diary Dates for September:-

Wednesday 7th September is Film Night. This month we are showing 'Florence Foster Jenkins' Cert PG. Florence Foster Jenkins is a drama based on real events about a New York heiress and patron of the arts who dreams of becoming an opera singer despite having a poor singing voice. Starring Meryl Streep and Hugh Grant. The film starts at 7.00pm, ticket prices are £4.00 per person – please call Chris on 01493 701107, or they are available on the door. Fully licensed bar and kitchen refreshments available.

Friday 16th September is Nice n Easy Dance Night – 7.30pm start. New members always welcome. Please call Chris on 01493 701107 for any further information.

Monday 19th September is our monthly cash bingo. Doors open at 7.00pm with eyes down at 7.30pm. There will also be a fully licensed bar and kitchen refreshments available – the raffle will be drawn in the half time interval. Look out for the posters that will tell you what the snowball jackpot is. Hope to see you there and that you have a lucky night!!

Tuesday 27th September is the evening for the monthly Whist Drive – starting at 7.30pm. If you have never been and fancy a nice game then please do go along – you will be made most welcome.

Wednesday 28th September we will be making the second collection of the year of any jumble, books, cd's, dvd's and bric a brac that you may have for our jumble sale that is coming up in October. Please do not leave any electrical goods out as we are not allowed to sell them so will not be able to take them away. Please leave your bags out in clear view of the road by 9.00am and they will be collected at some point during the day. If you are accidentally missed then please call Chris on 01493 701107 and he will arrange a pick up at a mutually convenient time.

Wednesday mornings are the time for the weekly New Age Kurling group. Sessions are from 10.30am – 12.30pm and are £1.50 per person. This does include a cuppa and a biscuit at half time. This game is suited to all ages and abilities and the group is always happy to welcome new members along.

Saturday mornings are when the weekly aerobics with Amanda take place from 9.00am – 10.00am. If you are interested in going along then please call Amanda first on 01493 701685. It is £1.50 per session and you will be made to feel very welcome.

Looking ahead into October:-

Saturday 1st October is our second half yearly jumble sale – 11.00am – 1.00pm. It is £1.00 per person entry but under 16s are free. Kitchen refreshments will also be available.

If you wish to book the hall at any time please call our Booking Clerk, Angie Woolsey, who will be pleased to advise and help in any way. Her contact number is 07585 504199.

As always, thank you to everyone who continues to support the village hall by attending and helping out at events – it is much appreciated. Especially so at our last big event which was the fete. Thank you to all of you that helped us there – not naming anyone as would hate to leave someone out, but you all know who you are!

Reedham Community Association Committee

Reedham & District WI

Our August meeting was well attended by members but due to a misunderstanding on dates, our speaker Keith Greentree from BBC Radio Norfolk was unable to come. However member Sue Bradbury persuaded Chris to step into the breach and he came along and showed a most interesting film on Norwich in 1950's. Many thanks to Chris for giving up his evening!! Our next meeting will be on Tuesday September 6th, this is our visitors meeting when other WI members have been invited, our speaker will be Jenny Gibbs giving a talk and bringing items on the "Story of Silk & Pashmina from Turkey"

Julia Kilner 700904

Reedham Surgery – at time of going to press we do not know of any closures for September – but check the Website - <http://www.aclomedicalcentre.co.uk/> or the Surgery door. *Ed.*

Nomads Theatre Company

Just a reminder that the winter fund raising quizzes will resume in October. First one will be Sunday October 9th at 7 - 7.30pm at The Ship. Many thanks in advance to Peter and staff for their continued support of the Nomads. Julia Kilner 700904

Freethorpe Women's Night Out

On 7th September it will be the A.G.M. and there will be a talk by Rev. Heather and Peter Sorrell on 'New Zealand, the Shaky Isles.'

Cantley Flower Show

Please come and support us at this year's Show is on Saturday 3rd September at 2pm at Cantley Village Hall. You are welcome on the day to enjoy tea and coffee; browse all the flowers, fruit, vegetables, cooking, photos and handicraft as well as the Posters from Cantley School; take part in the raffle, tombola and auction of produce and join in the excitement of the prize giving. Andrew Proctor the local Norfolk County and Broadland District councillor for Cantley has kindly agreed to present the prizes. The new Cantley Poster Competition reaches its climax with the announcement of the winners and the presentation of their prizes.

If you are reading this after the 3rd then thank you for your support.

For more information please contact me or go to www.cantley.org/flowershow.

Robert 01493 701231

Halvergate Village Hall

Coffee mornings (including knit and natter) 10.30-12.30 on the 2nd and 4th Wednesdays each month.

Evenings of music and dance, with licenced bar, from 8-11pm:-

10 September - Mitchel C Scott - country, 50s & 60s music

8 October - DJ Nick - wide variety of music on request - both events £7 on the door (free for children under 16)

Prize bingo on the last Friday of each month from 7.30

Sarah

COME TO WICKHAMPTON . . .

. . . between 8.30 am on Saturday 10th September and 8.30 am Sunday 11th September. .

. . . because we are holding a 24 hour Bible reading marathon.

All day and all night a relay team of volunteers will be reading out loud in St Andrew's church, Wickhampton.

At 8.30 on the Sunday morning, after the last reader has finished, we will have a cooked breakfast in the church, followed at 9.30 by a service of Holy Communion.

Everyone is welcome to come at any time (particularly at night!) to listen quietly to the reading, or simply to come for breakfast and the service on Sunday.

We still have one or two half-hour slots to fill, so if you feel able to take a more active role, please contact me (Peter Allies) via phone (01493 296321) or email (peter@gullmeadow.com)

Mothers' Union

Mothers' Union has three opportunities to meet this Autumn but our plans for September have had to alter as our speaker is unwell and awaiting surgery at Papworth Hospital. We hope to hold the next meeting on Thursday 13th October when we hope to have a missionary from the Mission Aviation Fellowship ; however, this has not yet been arranged as both Appointment Officers are on holiday at present. We are also hoping to hear the latest news from Pat Atkinson of the 'Vidyal Trust' of the farm they run and the Leprosy community in South India.

In December we plan to gather round a small Christmas tree in church to bless the gifts hung on it to be sent to St Martin's Trust. More news of these events in future Outlooks. We do hope a good number of folk will be able to support them. We look forward to seeing you then.

Jean and Tess

Thanks

A big thank you to the very kind lady who stopped and offered help on Monday 1st August after my Fiat broke down. She and her husband towed us back to Reedham from just outside Limpenhoe. I would have been stranded without their help as I had no breakdown cover – so thank you once again for your kindness and help.

Unfortunately the car could not be mended.

Andrea Moreton

Reedham Village Show – 21st August

We hope many people entered the Show, and many more came and enjoyed seeing the produce and hard work on display. More details in the next Outlook.

Reedham Gardening Club

Our flowers have really taken a battering with the strong winds, heavy rain and strong sunshine during August. If they are dead-headed, trimmed, fed and kept watered they will still give us some colour until the frosts come. It is a good time to take cuttings of geraniums, fuschias etc. Take off a non-flowering shoot, about 2-3" long, put round the edge of a pot and keep in the shade. Spring flowering bulbs can be chosen for planting or for Christmas presents.

Vegetables are plentiful now and, as beans etc. finish, spring cabbages and cauliflowers can be planted out. Salad leaves can be sown for a quick crop. Janet

Answer to last month's Pathfinder Puzzle

Rue, Sage, Rosemary, Gilvers, Gromwell, Ginger, Mint, Thyme, Columbine, Herb of Grace, Savoury, Mustard, Fennel, Tansy, Basil, Dill, Parsley, Chervil, Marjoram, Anemone, Lavendar, Periwinkle, Daisy, Clover, Peony, Harebell, Poppy, Rose, Snowdrop. All these plants are mentioned in the Chronicles of Brother Cadfael by Ellis Peters. Lyndsay Fisher

Used Postage Stamps for Charity

Due to various changed circumstances, I asked Reedham PCC to consider what we should do in regard to stamps. After their meeting on 5th August, I was told that the decision was made to **STOP COLLECTING STAMPS**. Therefore the box for stamps has been removed from Reedham church. Please DO NOT leave stamps in the church and DO NOT bring them to my house. By the time you read this, the last batch of stamps will have been posted to the Leprosy Mission.

I would like to take this opportunity to express Reedham Church's grateful thanks to everyone who has donated stamps over the many years the Church has been collecting them. A very big thank you to you all. Lyndsay Fisher

Editor's note: Is there anyone else in the area who collects stamps for charity, or who would be prepared to do this? It does take some time to prepare them for posting because Lyndsay's experience shows that they are rarely trimmed properly before donating, they then need sorting and the cost of postage also has to be met.. Many thanks to Lyndsay for doing this for so many years!

Clive Cable's Funeral

Reedham Vikings would like to say thank you for the donations which were given at Clive Cable's Wake for Freethorpe 1st Responders and towards the cost of the Wake. The money which was over for the food etc. is going towards the collection the Vikings team are making for a head stone, Once again, the Village came together.

Reedham Vikings

Friday 2nd September Reedham Vikings will be having a Karaoke Night with Andy from Knight Moves. All welcome – Free entry. On Saturday 24th September

Reedham Vikings will be having live music with Knight Moves – Free entry – all welcome.

All Saints Beighton – Heritage Day Saturday 10 September 2016, 10am – 5pm - A reminder that All Saints, Beighton will be holding a Heritage Day at the church when everyone is invited to come along to learn more about the history of the building and the work being planned to restore and improve it. There will also be a display of local treasures, and of course, our amazing refreshments which on this occasion will be delicious cream teas. We hope to see you all there on the day. *Kate, Claire, Giles, Suzanne, Carolyn and Alison – The Project Team*

ACLE & BURE TO YARE BENEFICE

RECTOR Rev'd Martin Greenland, 01493 750393
with particular responsibility for Acle, Beighton w Moulton, Cantley, Limpenhoe w Southwood & Halvergate w Tunstall

ASSOCIATE PRIEST Rev'd Dr Lorna Allies, 01493 296321
with particular responsibility for Reedham, Freethorpe & Wickhampton

READER Nicholas Cowen, 01493 700915

CHURCH WARDENS:

Acle	(vacant)
Beighton	Ann Adey Rosemary Whyborn
Cantley	(vacant)
Freethorpe	Graham Allcock, 01493 700256 Jean Thompson, 01493 700451 (Assistant)
Halvergate	Sally More, 01493 700279 Nick Butcher, 01493 701122
Limpenhoe:	Michael Brook, 01493 700259
Reedham	Kati Cowen, 01493 700915
Wickhampton	Brenda Pawsey, 01493 700068 Peter Ledward, 01493 700008

“OUTLOOK” EDITORS:

Kati Cowen	18 Church Road, Reedham, NR13 3TY, 01493 700915 e-mail: kncowen@tiscali.co.uk
John Orsborn	18 The Hills, Reedham, NR13 3TN, 01493 700441

Editor's Note: *Whilst the Editors welcome contributions to OUTLOOK magazine, the opinions and comments expressed by contributors are entirely their own and are not necessarily those of the Editors. We do however reserve the right not to publish all submissions.*