

# SEPTEMBER 2025

Acle: Beighton with Moulton: Freethorpe: Halvergate with Tunstall: Limpenhoe, Southwood and Cantley: Reedham: Wickhampton



This picture, taken within the Benefice, shows two old wind pumps. Can you spot them? Do you know Photo: Kati Cowen where it is? Answers inside.

## OUTLOOK

#### ACLE & BURE TO YARE BENEFICE: WHO'S WHO

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2.

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#### **Give Today to Support your Local Church**



Scan the QR Code with your Smartphone to go directly to the Diocese Website to make a donation – you can specify to which church it goes.

www.DofN.org/donate

As children are ushered back to school this month and bargain hunters are enjoying 'off peak' holidays, nuns in Moulton St Mary are nudging people to down tools for a few hours and join them for some spiritual refreshment.

Saturday 20th - Saturday 27th September is National Retreat Week. Around the country there are lots of venues offering 'retreats'. Retreats are times of spiritual refreshment when anyone can step aside, or retreat, from their day to day lives to pause from the busy-ness, to pray, to reflect, to rest, to clear our heads and think. A time of retreat, even for an hour or two, can help us feel restored. We can see a problem from a new angle perhaps; this can often be the case when our minds and bodies are rested and refreshed.

As Sisters of Bethany we are offering a programme of short retreat sessions during National Retreat Week, and beyond, from our home in Moulton St Mary. Sessions last up to three hours in a morning or afternoon and focus on a particular subject. Each session will begin with a short talk which is then followed by a time of quiet when you can find yourself a place to be in the house or garden, a place to rest awhile, to think over the talk you have just heard and anything that might have stood out for you. These can be significant times when God can speak deeply to us. Refreshments are available throughout each retreat for your enjoyment and comfort.

Why not book onto a retreat session and give yourself a short break? Places are being filled pretty quickly with some sessions already fully booked. Details can be found our website <a href="www.sistersofbethany.org.uk">www.sistersofbethany.org.uk</a>. I'll leave you with a short poem that sums up what retreats are all about.

I arrived all stressed but I found a comfy chair in which I did sink with a mug of hot drink. To the Sister I listened, words which did speak to my heart, made me think, as I hugged that hot drink. I found a nice spot in the shade of an oak, and those words they did sink as I sipped my hot drink.
They sank to my heart
and I knew I was changed!
I felt on the brink
of needing another hot drink!
My God how I love you
for speaking with me.
From stressed to refreshed
with a nice cup of tea... and a nudge
from a nun.

#### Parish Registers Holy Baptism

Lucas Elliott Cobb on 17th August at St Edmund's, Acle

#### **Holy Matrimony**

Victoria Ann Banerji and David Wolstenholme on 26<sup>th</sup> July at St Botolph's, Limpenhoe

#### **Funerals**

We commend to God's keeping:-Elizabeth Jane Kay, aged 55, on 21st July at All Saints', Freethorpe

Keith Frederick Sales, aged 85, on 29th July at St John the Baptist's, Reedham

#### **Parish Notes**

**Celebrating Care** - The exhibition in Acle Parish Hall between I I am and I pm on August 3 I st has been cancelled as there was not enough interest in putting on displays. Instead, there will be coffee after the Service, which starts at 10am, and there will be an opportunity then to see the leaflets and exhibition boards.

There is the regular Ecumenical Service at Swallowtail Place (in the Games Room) on Tuesday 23<sup>rd</sup> September to which all are welcome.

The Compline by Zoom services resume in September – please contact Jonathan Lonsdale (<u>inlonsdale@me.com</u>) if you would like to join in. Sorry we couldn't manage July and August, but family commitments got in the way.

#### The Bishop's Certificate in Christian Learning

Do you feel ready to embark on a spiritual journey which could deepen your Christian faith?

A new course to explore, learn and discuss Christianity is now open to anyone over 18 within the Diocese of Norwich.

The Bishop's Certificate in Christian learning is an opportunity to feel refreshed and inspired, or simply to learn more about the Christian faith.

To find out more visit <a href="https://www.dioceseofnorwich.org/mission-and-ministry/vocations/the-bishops-certificate-in-christian-learning/">https://www.dioceseofnorwich.org/mission-and-ministry/vocations/the-bishops-certificate-in-christian-learning/</a>

The course starts this September.

Following our successful *Caring for Creation* series, Acle Churches Together is arranging an autumn study group, 2.30 - 4.00pm at Acle Methodist Church, on Mondays September 29th, October 20th, November 17th and December 15th. We'll be following *Searching for Home* by Cole Morton: reflections for the lead-up to Christmas on the God who welcomes everyone. To order a hard copy of the course booklet (£6) please contact <a href="rector@aclechurch.plus.com">rector@aclechurch.plus.com</a> or speak to Martin by 14th Sep. For more details see <a href="https://www.eden.co.uk/advent-bible-studies/searching-for-home-advent-reflections-pack-of-5/">https://www.eden.co.uk/advent-bible-studies/searching-for-home-advent-reflections-pack-of-5/</a> (Ebooks are also available).

## **Bathroom Installation Heating & Plumbing**

Full bathroom refurbishment Wet rooms Shower rooms Full heating systems Radiators replaced General plumbing Tiling Service Plastering Carpentry



Tel: 01603 858 367 or: 01493 700 162 Mob: 07909 814 719

E: rjwservices2017@outlook.com

#### ACLE PARISH HALL IS AVAILABLE FOR HIRE

Centrally located, opposite the Co-op Well equipped kitchen with cooker and 'fridge To hire contact Mrs Page - 01493 751125 or 0794 7889 652

#### ACLE FARMERS' MARKET

HELD IN THE CHURCH HALL & GROUNDS ON EVERY 2ND SATURDAY OF THE MONTH 9am - 12 noon

THIS MONTH ON SATURDAY

## 13th September FRUIT & VEGETABLES - SMOKED & WET FISH

Refreshments available



#### SEPTEMBER CALENDAR

6.

Reedham Charity: Norfolk Wildlife Trust

#### Weekly

Tuesdays 9.30am Ecumenical Morning Prayer – Acle Methodist Church (except 23<sup>rd</sup>)
1.30pm Reedham Over Fifties Club – Reedham Village Hall

Saturdays 5.00pm Roman Catholic Mass - Acle Church

Tuesday 2<sup>nd</sup> 10.00am Reedham Churchyard Tidy

7.30pm Reedham Belles – Reedham Village Hall

Wednesday 3<sup>rd</sup> 7.15pm Resuscitation Course (RBL) – Bure Rooms, Acle Rec.

7.30pm Women's Night Out – Freethorpe Village Hall

Saturday 6<sup>th</sup> Cantley Flower Show (not just flowers) – Cantley Village Hall

#### SUNDAY 7th 12th after Trinity

9.30am Morning Prayer - Halvergate11.00am Holy Communion - Acle

I I.00am Morning Worship - FreethorpeI I.00am Holy Communion - Reedham

2.30pm 'Suddenly Jewish' – Acle Church

Monday 8th Mobile Library Day – Beighton, Limpenhoe and Cantley

Friday 12th 5.45pm Bat Evening at Limpenhoe Church

Saturday 13th 9am - 5pm Norfolk Churches Trust Cycle Ride

9am - Noon Farmers' Market - Acle Church Hall

#### SUNDAY 14th Holy Cross Day

8.00am Holy Communion – Acle

10.30am 'All Creatures of our God and King' – Wickhampton

Monday 15th Mobile Library Day – Halvergate, Reedham and Freethorpe

Tuesday 16th OUTLOOK COPY DATE

Wednesday 17<sup>th</sup> 7.30pm Cantley & District W.I. – Cantley Village Hall 8.00pm Compline by Zoom

Saturday 20th 9.00am Breakfast Café – Limpenhoe Village Hall

#### SUNDAY 21st Matthew, Apostle and Evangelist

9.30am Harvest Holy Communion – Halvergate

Holy Communion – Acle
H.00am Holy Communion – Acle
Morning Prayer – Reedham

11.00am Morning Worship – Freethorpe

Tuesday 23<sup>rd</sup> 10.30am Ecumenical Service – Swallowtail Place, Acle 7

Wednesday 24th Freethorpe Church Cash Bingo – Freethorpe Village Hall

Saturday 27<sup>th</sup> 10.30am All Saints' Drop-In – Beighton Church

#### SUNDAY 28th 15th after Trinity

8.00am Holy Communion – Acle

9.30am Matins – Halvergate

10.30am Harvest Thanksgiving – Beighton11.00am Holy Communion – Reedham

2.30pm 'Musical Lollipops' – Acle Church

Monday 29th 2.30pm 'Searching for Home' – Acle Methodist Church

#### Looking forward into **OCTOBER**:-

#### SUNDAY 5th 16th after Trinity

9.30am Morning Prayer – Halvergate

9.30am Harvest Holy Communion – Wickhampton

11.00am Harvest Thanksgiving - Acle

11.00am Harvest Holy Communion – Freethorpe

11.00am Harvest Thanksgiving – Reedham

#### Reedham Churchyard

We will be having a summer clear up at the churchyard on Tuesday 2nd September I 0am. If you can spare an hour or two, please come and lend a hand. Weeding, tidying, pruning etc. If you have hand tools and gloves, please bring them with you as there is a limited supply in the shed.

If the weather is bad, we will postpone to another day.

#### Freethorpe Cash Bingo

Cash prize Bingo on the 27th August and 24<sup>th</sup> September to raise money for church repairs.

Starts at 7.30pm in Freethorpe Village Hall

#### **Reedham Ringers**

We ring the church bells for many reasons. One of our main purposes is to be the voice of The Church and to let the local community know that there is a service about to start. But we also ring to alert people to other events, both local and national. This month we have rung at Reedham to celebrate a wedding and also to mark a funeral. We also rang to commemorate VJ Day, not because there was a special service, but as a symbolic act to honour those who served and sacrificed in the Far East during the 1939-45 war. It was a moment for reflection and gratitude for peace restored.

The Reedham Ringers practise every Monday at 4pm and we are always happy to welcome visitors and to share our enthusiasm for ringing.



### ALL SAINTS' CHURCH





## **DROP-IN CAFE**

Saturdays 27th September & 25th October

10:30 - 12:30

Coffee/Tea, Cakes, Scones and a Good ol' Mardle Children's area with books, toys, crafts



#### Advertising Space Now Available

Half Page £51 per half year, £102 per year

Quarter page (this size) £27 per half year, £54 per year

1/8th page £15 per half year, £30 per year

To advertise in this magazine, blogge centest lengthen length

To advertise in this magazine, please contact Jonathan Lonsdale (email inlonsdale@me.com) for further rates and details.

#### **Cantley Flower Show (not just flowers!)**

Saturday 6<sup>th</sup> September at 2pm at Cantley Village Hall. Please come along and enjoy the fun. There is still time to enter. You could win a £50.00 Amazon voucher or a family trip to London in our raffle. Further details at <a href="https://www.cantley.org/flowershow">www.cantley.org/flowershow</a> or call Robert on 07930 951505.

#### Cantley & District W.I.

Our next meeting will be held on Wednesday September 17th at 7.30pm in Cantley Village Hall. Our speaker for the evening will be the author L.K.Wilde. Her latest book is based around the start of the W.I. in the U.K. For more information contact Barbara on 07789845050. New members always very welcome.

P.S. Don't forget to visit our bottle stall at the British Sugar Fun Day on September 13th!

We were pleased to entertain the teams who entered Wally's Quiz in early August. We are delighted to announce the quiz and raffle raised the sum of £158 for branch funds.

On Wednesday 3 September we will have a qualified instructor giving <u>FREE</u> resuscitation training. If you would like to learn how to save a life or refresh existing training, this opportunity is open to everyone. This will take place in the Bure Room, Acle Recreation Centre starting at 7.15pm. Free refreshments will be provided.

Time to make a note for the diary. The annual RBL Prize Bingo and Grand Raffle will be taking place on Saturday 11 October in the Main Hall, Acle Recreation Centre. Doors open at 6.30pm for eyes down at 7.30pm. All proceeds to Acle & District RBL Poppy Appeal. £10 for 10 games. Great prizes to be won. For more information or to book a table email <a href="mailto:jaynesmith15@btinternet.com">jaynesmith15@btinternet.com</a>



### The Cinnamon Trust needs more dog walking volunteers in Acle

The Cinnamon Trust is the national charity whose wonderful volunteers help people over retirement age and those in the latter stages of a terminal illness by offering all kinds of free pet care. We are looking for dog walking volunteers to help a resident of Acle and their delightful dog who would love to go for a good walk.

Many elderly or ill pet owners worry about their ability to provide proper care for their animals and start looking to rehome what may be their only companion. This is where our national network of dedicated volunteers step in to offer support enabling them to stay together. We'll walk the dog for a housebound owner, we'll foster pets when owners need hospital or hospice care, and even clean out the bird cage or litter trays.

If you are interested in becoming a volunteer, you can download our volunteer registration form from our web site <a href="www.cinnamon.org.uk">www.cinnamon.org.uk</a> or email us at <a href="appeals@cinnamon.org.uk">appeals@cinnamon.org.uk</a> If you would like to have a more in-depth chat about becoming a volunteer, please call us during office hours (Monday-Friday 9am-5pm) on 01736 758 701, or you can check out our website <a href="www.cinnamon.org.uk">www.cinnamon.org.uk</a> for more details.

The Cinnamon Trust is a Registered Charity No: 1134680. The Cinnamon Trust is a limited company registered in England and Wales. Registered Office: 10 Market Square, Hayle, Cornwall, TR27 4HE. Company Number 07004861



An afternoon of classical tunes & popular songs

[a prize if you name all the tunes]

Mark McBride Piano Michelle McBride Compere

Sunday 28<sup>th</sup> September 2.30pm

St. Edmund's Church
Acle, NR13 3BS
£10 includes refreshments
In aid of 'Access4Acle'

For information Diane 07969 341943 or access4acle@gmail.com

#### Women's Night Out

Wednesday 3<sup>rd</sup> September 7:30pm at Freethorpe Village Hall Womens Night Out is the A.G.M. and Training with East Anglian Air Ambulance.



## Prize Bingo

**RBL Poppy Appeal** 



#### Saturday 11 October

Main Hall, Acle Recreation Centre

Doors open at 6.30pm for a 7.30pm start

For more information or to book a table please contact Jayne Smith 07584 825749

can.



Would You Like To Learn
How to Save a Life?

### **FREE**

## Resuscitation Training

Wednesday 3 September
Bure Room, Acle Recreation Centre
7.15pm

#### **OPEN TO EVERYONE**

Free refreshments provided

# BIKE, WALK, DRIVE IN THE NORFOLK COUNTRYSIDE

A fun day out for all, stopping off at as many Churches and Chapels as you can!



Pump up your tyres, dust off your walking boots, Sourceed by pack a picnic and plan a route to visit as many of the most beautiful churches in Norfolk as you GLORGE SHIPPAM

Saturday 13th September 2025 9.00 am - 5.00 pm

Simply get sponsored for each building you visit or make a donation. Find out more at norfolkchurchestrust.org.uk/bike-ride

Limpenhoe Church (£5). Tea/coffee from 5.45pm, talk by an expert at 6.15pm, followed by bat detecting in the churchyard.

Bat Evening Friday 12th at

Harvest
Thanksgiving
Services.
September 21st –
Halvergate,

September 28<sup>th</sup> – Beighton, October 5<sup>th</sup> – Acle, Reedham, Wickhampton and Freethorpe.



## Busy Life? Difficult to find time for Christian Fellowship and Worship?

Join us on Zoom for Compline - a quiet and simple service at the end of the day,

at 8pm on

Wednesdays 17th September, 22nd October & 19th November.

For the joining link, please contact jnlonsdale@me.com



#### Reedham Belles (Reedham and District WI)

We had a wonderful sunny day for our lunch so generously hosted by Gail in August, and enjoyed a trip to Norwich where we visited the Plantation Garden and St John's Cathedral. Our "Twinkletoes" walking group headed out from Cantley for a picnic in Hassingham and several members signed up for the "Shine" overnight walk in Norwich in aid of Cancer Research in October. This month we have our birthday meeting followed by country dancing, and as well as our regular clubs, we are looking forward to a treasure hunt in Cambridge and a meeting for a local lunch.

Marion Small reedhamwi@outlook.com

**Cover Puzzle** – The photo is of Tunstall Smock Mill (Left) and Tunstall Dyke Mill (Right). The Smock Mill is the white building with a shed beside it (the 'Smock' was taken down). The Dyke Mill is totally covered in Ivy, with only its white top showing, to the side of the middle clump of trees. The picture was taken looking south from the footpath which leads across the railway line to the Acle Straight.



Above: Limpenhoe Pet Service. Never work with children and animals they say! Martin managed both on July 27th and all was well. It was a very joyful service.

Right: The Over Fifties Club celebrating Norfolk Day.



Above: After the Tunstall Lammas Service, August 3rd.
Below: A teddy gets ready for his Parachute Jump at
Wickhampton, on Sunday 17th August.







#### "Suddenly Jewish from Anglican to Rabbi"



'Hear my story with laughter and tears.' A unique afternoon with Rabbi Roderick Young but call him 'Roddy'

#### Postponed until Sunday,7<sup>th</sup> Sept at 2.30pm

St. Edmund's Church,

Norwich Road, Acle, NR13 3BU. £10 in aid of 'Access4Acle' pay at the door

> More Information from Diane 07969 341943 or email access4acle@gmail.com

Sample some Kosher food with good Anglican wine. Non-alcoholic drinks will be served as well!